

NZFN Food Security Snapshot

July - December 2024



Key insights from NZFN's bi-annual Food Hub Survey provide a temperature check of the state of food security in NZ.



Demand for Support Increases:

NZFN Food Hubs report serving over half a million individuals every month, up from approximately 454,000.



First-Time Food Assistance:

30% of people seeking food support in 2024 were doing so for the first time.



More Stock Needed:

Hubs distributed 13M kg of food across the motu, a 5% increase in supply against a 10% demand increase.



NZFN's Contribution:

NZFN supplied, on average, 45% of the total food volume distributed by food hubs.

Top reasons for seeking food support:

1

93% stated rising cost of living

2

67% stated low household income

3

59% stated unemployment

4

51% stated unexpected bills or expenses



500K People

Served by Food Hubs on average each month